Dr. Jessica Cole is a licensed professional counselor and board certified tele mental health provider with over 20 years of experience in behavioral health. Previously, she provided outreach services for residential treatment facilities covering Mississippi and Louisiana. Prior to that, she held the Director of Psychological Health position under the direction of the United States Department of Defense (DoD) for over 8 years. Her experiences in behavioral health encompass many areas including inpatient, partial, and outpatient treatment focusing on issues including depression, addiction, and traumatic brain injury. Nationally, she was president of the Integrated Care Interest group for the American Counseling Association and frequently provides lectures on a variety of behavioral health topics. Dr. Cole received her doctorate of professional counseling from Mississippi College, her master's in counseling from Louisiana State University, and her Bachelors in psychology from the University of Mississippi.